



# "The Steeple"

A Weekly Newsletter from First United Presbyterian Church  
Volume V • Issue 2

Friday, January 10, 2025



ANNUAL MEETING OF THE CONGREGATION WILL FOLLOW WORSHIP ON **JANUARY 19, 2025**. WE WILL THEN ENJOY A POTLUCK LUNCH. **PLEASE BRING A COVERED DISH TO SHARE**. WE HOPE YOU WILL ATTEND ON THIS IMPORTANT DAY!

We pray for...

Nolan Collins

Pat Kuhns

Tish McKee

Ruth Wagley

Ilene Holmes

Those known only to God



*"Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God." Philippians 4:6*

Website: [www.1upcwinterset.org](http://www.1upcwinterset.org)

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**Sunday, January 12 - *Baptism of the Lord***

*First Sunday after Epiphany*

9:00 am - Sunday School

10:15 am - Worship, Rev. Dave Endriss

11:15 am - Fellowship

**Wednesday, January 15 - Artful Devotions**

10:00 am - Coffee with Pastor Dave

5:00 pm - Bible Study

**Thursday, January 16 - HAPPY BIRTHDAY PASTOR DAVE!**

**Sunday, January 19 - *Second Sunday after Epiphany***

9:00 am - Sunday School

10:15 am - Worship, Rev. Dave Endriss

11:15 am - Fellowship

**Wednesday, January 22 - Artful Devotions**

10:00 am - Coffee with Pastor Dave

5:00 pm - Bible Study

**Sunday, January 26 - *Third Sunday after Epiphany***

9:00 am - Sunday School

10:15 am - Worship, Rev. Ioan Ittu

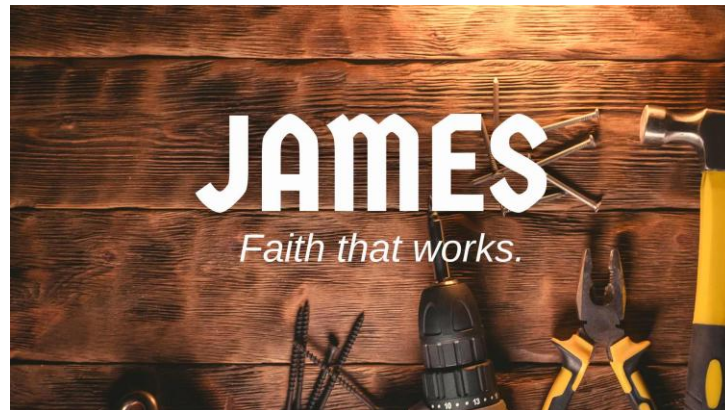
11:15 am - Fellowship

# What is Per Capita?



Per Capita exists as a way for all Presbyterians to share costs that belong to the whole church. Members share equitably the costs required to connect and coordinate over 8000+ congregations together into one larger body so we can further the mission of Jesus Christ around the world. Per Capita is the main source of funding used to provide support for the local churches across the presbytery. The Presbytery of Des Moines pays 100% of each member's Per Capita share to the General Assembly and Synod, which is one of the ways we participate in the unity and interdependence of the body of Christ, the church.

**Per Capita for 2025 is \$51.84 per member.** The breakdown is as follows: \$10.84 GA, \$5.50 Synod, and \$35.50 Presbytery. Thank you for your continued participation in the larger ministry of God's church! Please mark your check "Per Capita." Thank you!



On January 8 we began a new Bible study on Wednesday nights. It's a study of the New Testament book of James entitle *Faith that Works*. Come join us at 5 pm – bring your own dinner and enjoy a time of fellowship!

## The Mountain

if the mountain seems too big today then climb a hill instead  
if the morning brings you sadness it's ok to stay in bed  
if the day ahead weighs heavy and your plans feel like a curse  
there's no shame in rearranging - don't make yourself feel worse  
if a shower stings like needles and a bath feels like you'll drown  
if you haven't washed your hair for days don't throw away your crown  
a day is not a lifetime, a rest is not defeat,  
don't think of it as failure, just a quiet, kind retreat  
it's ok to take a moment from an anxious fractured mind,  
the world will not stop turning while you get realigned  
the mountain will still be there when you want to try again,  
you can climb it in your own time  
just love yourself til then